

## **ASTRINGENT SOAKS**

### **(Aluminum Sulfate/Calcium Acetate)**

#### **PRODUCTS**

Domeboro  
Pedi-boro  
Pedinol

#### **ABOUT**

Temporarily relieves minor skin irritations due to:

- Poison ivy, oak, sumac
- Insect bites
- Athlete's foot
- Contact allergy rashes (caused by soaps, detergents, cosmetics, creams, jewelry)

#### **INSTRUCTIONS**

1. Dissolve 1-2 packets into large bowl of water (approximately 2-3 cups). Mixture can be used for the entire day – keep in refrigerator for added relief.
2. Soak wash cloth in mixture, gently wring out excess liquid, and apply cloth to skin. Allow washcloth to sit on affected area for 10-15 minutes. Let dry and repeat 2-3 times.
3. Repeat 3-5 times per day as needed.
4. If the doctor has also prescribed a medicated topical cream or ointment apply AM and PM (after first and last soaks of the day).
5. Discard solution after 1 day of use.
6. Repeat 3-5 days as needed.

#### **EXPECTATIONS**

Rash should begin to dry out and itching should begin to subside within first couple of uses. Follow up with your provider after 1 week if needed.