

PUNCH BIOPSY CARE

Items you will need:

- *Plain* healing ointment (Vaseline, Aquaphor, Vaniply, CeraVe Healing Ointment)
- Bandages or gauze/non-adherent pad with paper tape (more sensitive option)

Instructions:

1. Please keep the bandage we place clean, dry, and intact for at least 24 hours if not 48 hours.
 - ❖ Bleeding can occur a few hours after the local anesthesia wears off. Light bleeding on the bandage can be ignored. If the bandage becomes saturated, remove the current bandage, and hold firm pressure on the wound with a clean cloth or tissue for 10 – 20 minutes. If the bleeding does not stop after continuous pressure, please call the office.
2. Once you remove the bandage, you can gently wash with soap and water.
3. Apply ointment mentioned above and apply a fresh bandage.
4. Repeat cleaning and applying fresh ointment/bandage 1-2 times daily the entire time you have your stitches.

Suture Removal:

- 6-7 days on face
- 10-14 days on body

Abnormal Healing:

- Drainage of thick, white pus
- Swelling
- Warm to touch
- Increased redness
- Increased pain/tenderness
- Blistering or rash around the area

BIOPSY RESULTS:

If your pathology is cancerous or additional treatment is required, our clinical staff will contact you as soon as possible (within 5-10 days).

If you do not receive a call from our clinical staff, it is safe to assume your pathology is NORMAL/BENIGN and no further treatment is needed.

A printable copy of your report will be accessible through your patient portal.

PLEASE SEE THE REVERSE SIDE FOR PATIENT PORTAL ASSISTANCE.

PATIENT PORTAL INSTRUCTIONS

To better serve you, we would like to invite you to access your patient portal found at:

glazerdermatology.ema.md

(MUST USE FIREFOX OR CHROME AS YOUR BROWSER)

YOUR LOGIN INFORMATION IS EITHER:

Username: your email address

Password: password you created

If you cannot remember your password,
please click “forgot password” and a link will be emailed to you.

OR

Username: first name last name birthdate

For example, if your name is
Mary Smith and you were born on January 1, 1973

Your login would be:
marysmith01/01/1973

Password: Welcome#1 or password you created after 1st login

**PLEASE STOP AT THE FRONT DESK ON YOUR WAY-OUT OR
CONTACT THE OFFICE IF YOU REQUIRE ANY FURTHER ASSISTANCE**

frontdesk@glazerdermatology.com

ARLINGTON HEIGHTS: (847) 255-9150
BUFFALO GROVE: (847) 459-6611
CHICAGO: (773) 774-7122
HIGHLAND PARK: (847) 432-4650