

TOPICAL STEROIDS

PRODUCTS (sold at Glazer Dermatology)

Hydrocortisone 1%, 2.5% (Cream)

Triamcinolone Acetonide 0.1% (Cream)

Betamethasone Dipropionate 0.05% (Cream, Ointment, Solution, Oil)

Clobetasol Propionate 0.05% (Cream, Ointment, Solution)

ABOUT

Topical steroids are used to treat acute and chronic inflammatory skin conditions. Some examples are eczema, psoriasis, insect bites, contact allergic reaction, etc. Side effects are generally well tolerated, as they occur at the site of application, rather than systemically. The side effects that could potentially be experienced tend to occur with prolonged treatment and depend on potency, vehicle (cream, ointment, oil, solution) and site of application (sensitive areas: face and genitalia). Only low potency steroids should be used in these sensitive areas and only for a short period of time, unless otherwise instructed by your provider.

INSTRUCTIONS FOR APPLICATION

BODY:

- Apply sparingly 1-2 times daily (morning and night) as needed to inflammatory skin condition, for up to 2 weeks

SCALP (solution and oil):

- Apply sparingly 1-2 times daily (morning and night) as needed to inflammatory skin condition, for up to 2 weeks
- Approximately one squeeze should be enough to spread throughout the entire scalp.
- Hair can be washed the following morning if needed.

EXPECTATIONS

Depending on the skin condition, the healing time may vary. Most acute conditions will improve within first few days of use. Chronic indications may take more time and you may find that you are constantly needing to apply. It is recommended, however, to take temporary breaks if you are using it consistently on one area for more than 2 weeks to limit your risk of side effects.

RISKS

Skin atrophy/thinning
Striae or stretch marks
Telangiectasia
Hypopigmentation